

## ABBEY PEOPLE NEWS

**Nicky Shepard** has recently been appointed as the Community Catalyst Worker for **Abbey People** in a role funded by the People's Health Trust. Nicky will be working with local volunteers to develop 4 projects in the Abbey area. 3 of them, the Glee Club, the Community Orchard project and a Parents' Coffee Morning are already up and running, and the 4<sup>th</sup>, a *Community Come Dine with Me* will be launched soon. The two year project is designed to help people get to know the people who live near them and feel like they are part of a community. If you would like to get involved with any of the projects, or have ideas for other community activities, please contact Nicky: [Nicky@abbeypeople.org.uk](mailto:Nicky@abbeypeople.org.uk)



**Abbey People  
Seniors Group Meeting**  
**Tuesday 9<sup>th</sup> September, 10-11am,**  
**The Dublin Suite, CUFC**  
For any with involvement/interest  
in local Seniors groups or services.

**Abbey People  
Community Networking Lunch**  
**Tuesday 10<sup>th</sup> June, 12.30-2pm**  
**The Dublin Suite, CUFC**  
A get together for all involved in  
community activities in Abbey

### How to find out about Abbey events and activities

**Abbey People Website:** [www.abbeypeople.org.uk](http://www.abbeypeople.org.uk)

**Facebook:** check out and *Like 'Abbey in Cambridge'*

**E-mail:** Join Abbey People's email list for occasional mail-outs and future newsletters by e-mailing: [Keith@abbeypeople.org.uk](mailto:Keith@abbeypeople.org.uk)

**Abbey Community Notice Boards:** at Barnwell Road & Ditton Lane shops, Peverel Road and Dudley Road recreation grounds

***Are you willing to help distribute this newsletter? If so, contact Keith***



This newsletter is published by Abbey People.  
The information is as accurate as far as possible.  
We acknowledge the funding we have received from  
Cambridge City Council and Marshall of Cambridge.



# ABBEY PEOPLE

WORKING TOGETHER FOR A BETTER COMMUNITY

Contact: Abbey People, c/o East Barnwell Community Centre,  
Newmarket Road, Cambridge, CB5 8RS.

Tel. (01223) 517259, Email: [Keith@abbeypeople.org.uk](mailto:Keith@abbeypeople.org.uk)

Or Stuart Wood (Chairman) Tel: 07770 792 371,

Email: [Stuart@abbeypeople.org.uk](mailto:Stuart@abbeypeople.org.uk)

## ABBEY PEOPLE Community News Summer 2014

*Welcome to the latest news from Abbey People*

*"Abbey People"* was established in March 2013 with the intention of bringing local people together to make Abbey a better community.

We have been encouraged by all that has happened in the last 12 months or so, but are always keen to talk to people living locally about what can/needs to be done, what they can do to help, and to look at ways that together we can make a difference.

So, if you have any skills or expertise, if you have ideas but no money, if you have time but don't know how to use it, or anything else...we'd love to hear from you (contact details above).

**Stuart Wood** (Chair of Trustees)

### Abbey Community Orchard

Do you like to be outside? Do you love wildlife?  
Would you like to learn about gardening?  
Join the Abbey Community Orchard group, and  
come have fun outside with your neighbours.



We are planning a number of summer activity days at the Orchard, and will be meeting regularly to garden on the site.  
Please email [Nicky@abbeypeople.org.uk](mailto:Nicky@abbeypeople.org.uk) for more information.



## ABBEY PEOPLE SUMMER OUTINGS

### SEASIDE OUTING – HUNSTANTON

Sunday 27<sup>th</sup> July

Coach + Cambridge Dial-A-Ride Minibus

Pick up\* from 8.30am Return from Hunstanton: 5pm

Cost: Adults £5, Under 16's £1, Under 2's free



### SHEPRETH WILDLIFE PARK

[www.sheprethwildlifepark.co.uk](http://www.sheprethwildlifepark.co.uk)

Tuesday 26<sup>th</sup> August

Pick up\* from 10am Return: 2pm

Costs (coach transport & admission): Adults £10, Seniors/Students £8,

Child 2-15 years £6, Under 2's free.

#### ~~~~~ OUTING INFORMATION ~~~~~

**\*COACH PICK UP POINTS (both trips):** Rayson Way & Wadloes Road bus stops then Thorpe Way (bus stop by Ditton Court near shops).  
**Disabled passengers** – a minibus will be available for a number of passengers and their carers/ friends.

**TICKETS** for Abbey residents and their friends/family. Must be paid for in advance. They are limited in number, available on a first come, first served basis. Tickets not refundable and no advance reservations.

**Available** from Abbey People office at East Barnwell Community Centre from 17<sup>th</sup> June – look at community notice boards for times & dates. Contact Abbey People (details on front page) for more information or to arrange a suitable time to come in.

**Can't attend due to finances?** If this is an issue, please contact Stuart Wood: [Stuart@abbeypeople.org.uk](mailto:Stuart@abbeypeople.org.uk) (Tel 07770 792 371) or Leigh Roberts: [Treasurer@abbeypeople.org.uk](mailto:Treasurer@abbeypeople.org.uk) and the matter will be treated in confidence.

### Credit Union drop-in

Get better access to savings and loan services in Abbey.

Fortnightly on Fridays, 2-4pm—alternate at Barnwell Road Library (from May 23<sup>rd</sup>) and Barnwell Baptist Church.

For more information contact Arn Dekker, Secretary, Cambridge City Credit Union on C. 861772 or email: [info@Cambridgecreditunion.org](mailto:info@Cambridgecreditunion.org)

## ABBEY PEOPLE EVENTS & ACTIVITIES

### Abbey People Glee Club

*Do you like to Sing and Dance?*

Every Thursday in Term Time

For ages 8-16

6-7pm @Barnwell Baptist Church, Howard Road

Email: [Nicky@abbeypeople.org.uk](mailto:Nicky@abbeypeople.org.uk)

for more information.



### Level 2 Food Safety Course

Monday's 30<sup>th</sup> June and 7<sup>th</sup> July at Barnwell Baptist Church 6.30-9.30pm Cost: £25

The Course (attendance at both nights required) is subsidised by Abbey People for Abbey residents.

To register, contact Stuart on [Stuart@abbeypeople.org.uk](mailto:Stuart@abbeypeople.org.uk) or phone 07770 792371

### Parents' Coffee Morning

**Abbey People** and the Friends of Abbey Meadows are running a coffee morning every Friday from 9-10:30 at the Abbey Meadows Community Wing.

Come and have home-made cake, coffee and chat to other parents. Toys and activities for babies and toddlers.

50p per family.



### Cambridge Cats Protection

are collecting 'The World of Felix' tokens from Felix cat foods to raise money for their local branch. Please could any tokens be taken to The Cat Flap Cats Protection Shop on Mill Road or given to Abbey People (via letter box/box in foyer) at East Barnwell Community Centre, to help raise essential funds needed!

### Abbey People Literacy Course for Adults

Free course for Abbey Residents.

Get yourself to GCSE level

'Start where you are and work at your own pace'

Wednesday 9:30-11:30 **Starting on 4<sup>th</sup> June 2014**

Abbey Meadows Community Wing

To book your place, contact The Fields reception: 01223 518333

Email: [office@thefields.cambs.sch.uk](mailto:office@thefields.cambs.sch.uk)

Creche places available, please mention when booking.